

**COMHELTACWINGPAC
NAS NORTH ISLAND, CA
PROFESSIONAL LESSON GUIDE**

I. LECTURE NUMBER: PR - 05

II. TIME: 1.0

III. DATE PREPARED: 17 June 2002

IV. DATE REVIEWED REVIEWED BY:

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V. TITLE: SAR Swimmer's Equipment

VI. OBJECTIVE: This lesson provides a basic understanding of SAR rescue swimmer's equipment and how essential it is to maintain safety in a water rescue environment.

VII. INSTRUCTIONAL AID(S): None

VIII. REFERENCE(S):

(a) NA 13-1-6.5, Chapter 14

IX. PRESENTATION:

See reference (a), Chapter 14, section 14-34.

X. SUMMARY:

We have just completed a study of the SAR Swimmers Equipment. This included a description of all equipment used by SAR swimmers as well as the appropriate uses, function, inspection, and maintenance requirements.

XI. QUESTIONS AND ANSWERS:

Q: What consists of the SAR Swimmer's Wet Suit Ensemble?

A: Diver's Suit (CMU-37/P22P-19(V);
Diver's Suit (CMU-36/P22P-19(V), Instructor);
Jacket, Diver's Suit (CMU-35/P22P-19(V);
Trousers, Diver's Suit (CMU-34/P22P-19(V);
Hood, Diver's Suit (HGU-88/P22P-19(V);
Gloves, Diver's Suit (HAU-16/P22P-19(V))
Boots, Diver's Suit (FWU-13/P22P-19(V))

Q: Apply a light coating of _____ to all side fasteners.

A: Silicone lubricant (MIL-S-8660)

Q: Wet suits and other equipment shall be removed from service if contaminated by any of the following;

A: Acetic Acid,
Hydrochloric Acid
Muriatic Acid
Nitric Acid
Nitrobenzene
Oxalic Acid
Phenol
Sulfuric Acid

Q: To perform a Proof Load Test on the Hoisting Sling, place a _____ pound load _____.

A: 500, evenly distributed in the litter

Q: The Electric Sea Marker Light (P/N 1702AS100-1 (30003), NIIN 01-262-1812) is powered by _____.

A: 6 volt battery, P/N BA803/U